

RSHE Long Term Plan

Our long-term plan is built on 2 programs (divided into different areas on our progression documents).

- **Journey in Love (JIL) - Bishops' directive**
 - Social
 - Emotional
 - Physical
 - Spiritual
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- **TEN:TEN – Life to the Full**
 - Created to Love Others
 - Created and Loved by God
 - Created to Live in Community

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RSHE Nursery	Teacher training Parent consultations	Module 1 – Unit 1 Handmade with Love Module 2 – Unit 1 Role Model Who's Who? Social - JIL Emotional - JIL	Module 2 – Unit 2 You've Got A Friend in Me Forever Friends	Module 2 – Unit 3 Safe Inside and Out My Body. My Rules Feeling Poorly People who Help Us Physical - JIL	Module 3 – Unit 1 God is Love Loving God, Loving Others Module 3 – Unit 2 Me, You, Us Spiritual – JIL	
RSHE Reception	Teacher training Parent consultations	Module 1 – Unit 1 Handmade with Love Social - JIL Emotional – JIL	Module 1 – Unit 2 I Am Me Heads, Shoulders, Knees and Toes Ready Teddy?	Module 1 – Unit 3 I Like, You Like, We All Like Good Feelings, Bad Feelings Let's Get Real Physical - JIL	Module 1 – Unit 4 Growing Up Spiritual – JIL	Module 3 – Unit 1 God is Love Loving God, Loving Others Module 3 – Unit 2 Me, You, Us
RSHE Year 1	Teacher training Parent consultations	Module 1 – Unit 1 Let the Children Come Module 2 – Unit 1 God Loves You Social - JIL Emotional – JIL	Module 2 – Unit 2 Special People Treat Others Well....And Say Sorry	Module 2 – Unit 3 Being Safe Good Secrets and Bad Secrets Physical Contact Module 2- Unit 4 Harmful Substances Module 2-Unit 5 Can you Help Me? Physical - JIL	Module 3 – Unit 1 Three in One Who is My Neighbour? Module 3 – Unit 2 The Communities we Live In Spiritual – JIL	
RSHE Year 2	Teacher training	Module 1 – Unit 1	Module 1 – Unit 2	Module 1 – Unit 3	Module 3 – Unit 1	

	Parent consultations	Let the Children Come Social - JIL Emotional - JIL	I am Unique (Me) Girls and Boys (My Body) Clean and Healthy (My Health)	Feelings, Likes and Dislikes Feeling Inside Out Super Susie gets Angry Module 1 – Unit 4 The Cycle of Life Physical - JIL	Three in One Who is My Neighbour? Module 3 – Unit 2 The Communities we Live In Spiritual - JIL	
RSHE Year 3	Teacher training Parent consultations	Module 1 – Unit 1 Get Up! The Sacraments Module 2 – Unit 1 Jesus, My Friend Social - JIL Emotional - JIL	Module 2 – Unit 2 Friends, Family and Others When Things Feel Bad	Module 2 – Unit 3 Sharing Online Chatting Online Safe in My Body Drugs, Alcohol and Tobacco First Aid Heroes Physical - JIL	Module 3 – Unit 1 A Community of Love What is the Church? Module 3 – Unit 2 How Do I Love Others? Spiritual - JIL	
RSHE Year 4	Teacher training Parent consultations	Module 1 – Unit 1 Get Up! Social - JIL Emotional - JIL	Module 1 – Unit 2 We Don't Have To Be The Same Respecting Our Bodies What is Puberty? Changing Bodies Boy/Girl Discussion Groups	Module 1 – Unit 3 What am I Feeling? What Am I Looking At? I Am Thankful! Physical - JIL	Module 1 – Unit 4 Life Cycles	Module 3 – Unit 1 A Community of Love What is the Church? Module 3 – Unit 2 How Do I Love Others? Spiritual - JIL
RSHE Year 5	Teacher training Parent consultations	Module 1 – Unit 1 Calming the Storm Module 2 – Unit 1 Is God Calling You? Social - JIL Emotional - JIL	Module 2 – Unit 2 Under Pressure Do You Want a Piece of Cake? Self-Talk	Module 2 – Unit 3 Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance Physical - JIL	Module 3 – Unit 1 The Trinity Catholic Social Teaching Module 3 – Unit 2 Reaching Out Spiritual - JIL	
RSHE Year 6	Teacher training	Module 1 – Unit 1	Module 1 – Unit 2 Gifts and Talents Girls' Bodies	Module 3 – Unit 1 The Trinity Catholic Social Teaching		

	Parent consultations	Calming the Storm Social – JIL Emotional - JIL	Boys' Bodies Spots and Sleep Module 1 – Unit 3 Body Image Funny Feelings Emotional Changes Seeing Stuff Online Module 1 – Unit 4 Making Babies (Part 1) Making Babies (Part 2) Menstruation Physical - JIL	Module 3 – Unit 2 Reaching Out Spiritual - JIL
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